

PROGRAM AT A GLANCE

Wednesday, June 11, 2025

| | KTK Theatre | Hunua #1 Level 1 | Hunua #2 Level 1 | Hunua #3 Level 1 | Waitakere #1 Level 3 | Waitakere #2 Level 3 | Waitakere #3 Level 3 | Limelight #1 Level 3 | Limelight #2 Level 3 | Waihorotiu #1 Level 4 | Herald Theatre | Balcony Foyer | Hunua Rooms Foyer Space |
|---------------|---|---|--|---|---|---|--|--|---|---|----------------|---------------|----------------------------|
| 8:30 - 12:30 | | WS1: Network of Early Career Researchers and Students of ISBNPA (NESI) Workshop | WS5: Using system dynamics modelling tools to map the relationship between physical activity and climate change across the 8 investment strategies | WS3: Economic evaluation of implementation studies: practical aspects of design, analysis, reporting and interpretation | WS9: One step closer to gold standard: using predictive modelling with data from 24h diet recalls to improve food questionnaire data. | WS2: Sha'tetionkwatte (we are all the same height): Wise practices for building equitable and respectful partnership research with Indigenous communities | WS6: Building Coalitions for Transformative Food Environments in Asia: Strategies, Challenges, and Practical Tools | WS7: Engaging Stakeholders for Effective Implementation: Strategies for Sustainable Change | WS8: Food-EPI: a tool for working with local government to create healthy and sustainable food environments | | | | |
| 12:30 - 13:15 | Lunch Break - On Own | | | | | | | | | | | | |
| 13:00 - 15:15 | Opening Ceremony | | | | | | | | | | | | |
| 15:20 - 16:20 | Keynote #1: Environmental Research on Physical Activity and Nutrition Can Contribute to Solving Multiple Global Challenges | | | | | | | | | | | | |
| 16:25 - 16:35 | Refreshment Break | | | | | | | | | | | | |
| 16:35 - 17:35 | Panel Discussion: Translating Research to Practice | | | | | | | | | | | | |
| 17:45 - 19:00 | | 4. Awards Children and Families and Early Care | 7. Awards Policies and Environments and Participatory research | 6. Awards Ageing and Young Adults | 3. Awards Motivation and e and mHealth | 1. Awards Cancer Prevention and Management / Mental Health and Well being | | | 5. Awards Implementation and Systems Science | 2. Awards Socio Economic Inequalities and Indigenizing Research | | | |
| 19:00 - 21:00 | WELCOME RECEPTION | | | | | | | | | | | | |

PROGRAM AT A GLANCE

Thursday, June 12, 2025

| | KTK Theatre | Hunua #1 Level 1 | Hunua #2 Level 1 | Hunua #3 Level 1 | Waitakere #1 Level 3 | Waitakere #2 Level 3 | Waitakere #3 Level 3 | Limelight #1 Level 3 | Limelight #2 Level 3 | Waihorotiu #1 Level 4 | Herald Theatre | Balcony Foyer | Hunua Rooms Foyer Space |
|---------------|--|--|---|---|---|--|---|--|--|--|---|---|--|
| 8:30 - 9:45 | S1.01 Driving better health: from improved sleep to nutrition education to high intensity interval training in truck drivers – novel approaches to address health inequalities within this occupational group | S1.02 Innovative methods in designing and delivering activity and nutrition programmes to people with a cancer diagnosis | S1.03 Advancing the evidence to scale-up health promotion programs: findings from a series of randomised trials to maximise the adoption of an evidence-based school nutrition program | S1.04 Children’s screen media use and sleep: Innovations in assessment pave the way to novel insights | S1.05 Exploring social inequalities in nutrition and health: international insights through quantitative, qualitative, and mixed methods | S1.06 Co-Designed Digital Interventions for Promoting Health across Diverse and Priority Populations | S1.07 Exploring inequities, diet quality, and obesity in early childhood using two national, longitudinal studies in New Zealand and the United States | S1.08 New frontiers in 24-hr time-use interventions for brain health: compositional data analysis, optimization and co-design | S1.09 Enhancing Physical Activity, Wellbeing, and Learning for Children of All Ages and Abilities | S1.10 Indigenous Health Promotion, Concepts of Health, & Cultural Safety. | S1.11 Active New Zealand: Leveraging government physical activity surveillance data to influence research, policy and practice in Aotearoa New Zealand and internationally | S1.12 How can we change environments to promote physical activity? Mixed-method natural experiments for robust practice-based evidence | DS.1.01. Developing a diabetes nutrition curriculum for American Indian and Alaska Native Adults with Type 2 Diabetes |
| 10:00 - 11:00 | Keynote #2: Climate Change, Traditional Ecological Knowledge and Well-Being: Contributions of Generative AI | | | | | | | | | | | | |
| 11:00 - 12:00 | Coffee Break - Poster Session | | | | | | | | | | | | |
| 12:00 - 13:15 | | O.1.01: Building Foundations: Advancing Research in the Early Years | O.1.02: Implementation and Scalability in Schools | O.1.03: From Sensors to Insights: Cutting-Edge Tools in Children’s Health Research | O.1.04: Environment and health | O.1.05: Policy and Equity: Shaping Sustainable and Healthy Food Systems | O.1.06: Innovative Community, School, and Summer Research in Child Health | O.1.07: Ageing and Health (Musculoskeletal, Brain) | O.1.08: Integrative Approaches to Mental Health: Nutrition, Physical Activity, and Community-Based Solutions | O.1.09: Shaping Health through Spaces: Global Insights into Environmental Impacts | O.1.10: Transforming Food Access: Policies, Environments, and Behaviors for Healthier Communities | O.1.11: Motivation in Chronic Disease | DS.1.02 :A human-centred design approach to tackling challenges and creating solutions for healthy eating and physical activity. |
| 13:15 - 14:15 | Lunch Break- Posters, Exhibits and ISBNPA Marketplace | | | | | | | | | | | | |
| 13:15 - 14:00 | Meet the Mentors Lunch | | | | | | | | | | | | |
| 14:15 - 15:30 | | SO.1.01: Cancer | SO.1.02: Innovative Digital Solutions for Nutrition, Physical Activity, and Behavior Change | SO.1.03: Nutrition, feeding behaviors, and related interventions impacting child health | SO.1.04: Environment and health | SO.1.05: Participatory research | SO.1.06: Innovative Strategies for Chronic Disease Management and Prevention | SO.1.07: Latest Findings in Ageing | SO.1.08: Understanding Mental Health Wellbeing: From Organizational to Individual Behaviors | SO.1.09: Implementation and Scalability in Young People | SO.1.10: Policies for Active and Healthy Communities | SO.1.11: Behavior Change in Health Promotion | DS.1.03: How to Encourage Physical Activity in Young Adults, focus-group style brainstorming session |
| 15:30 - 16:00 | Ripple effects: our findings on exercise and the mind, and the unexpected doors it opened | Whakarongo, tītiro, korikori kōrero ki ngā wāhine - exploring embodied and reciprocal healing relationship with our natural environments. | Parenting, Provision, and Public Health: Tackling the complexities of children’s dietary behaviour change | Mind the gaps: Addressing overlooked priorities in school-based physical activity promotion | Walkable for whom? Understanding and addressing discriminations in the car-centric city | Supporting children’s healthy development and movement behaviours through inclusive, nature-based early learning | | | | | | | |
| 16:15 - 16:45 | Coffee Break- Posters, Exhibits and ISBNPA Marketplace | | | | | | | | | | | | |
| 16:45 - 18:00 | S1.13 Leveraging global physical activity and physical education data to shape the future: the launch of the GoPA! and GoPE! 2025 Country Cards | S1.14 Active Algorithms: Developing the physical activity interventions of the future with machine learning and artificial intelligence | S1.15 Applying innovative equity-focused methodologies for improving implementation of behavioural nutrition and physical activity programs. | S1.16 Moving screen use guidelines: Should children’s screen use guidelines be separated from 24-hour movement guidelines? | S1.17 Innovative food systems approaches to promote the six dimensions of food security: initiatives from Australia and the USA. | S1.18 Creating a healthy society using citizen science | S1.19 Reflecting on a decade: The impact and future of the Position Statement on Active Outdoor Play | S1.20 Innovative and scalable solutions to increase physical activity participation among older adults | S1.21 Creating and evaluating Health Promoting Early Childhood Education and Care settings | S1.22 Bridging the gap between research and practice through government and academic partnerships: Opportunities, challenges and lessons learned from Australia and New Zealand | S1.23 Advances in research on sleep, physical activity and dietary behaviours in Hong Kong youth | S1.24 How is the Online food environment shaping our health? Challenges and opportunities for public health | DS.1.04: Lessons from the garden: Identifying solutions to implementing, scaling, and maintaining a rigorous program of research in non-traditional settings |

PROGRAM AT A GLANCE

Friday, June 13, 2025

| | KTK Theatre | Hunua #1 Level 1 | Hunua #2 Level 1 | Hunua #3 Level 1 | Waitakere #1 Level 3 | Waitakere #2 Level 3 | Waitakere #3 Level 3 | Limelight #1 Level 3 | Limelight #2 Level 3 | Waihorotiu #1 Level 4 | Herald Theatre | Balcony Foyer | Hunua Rooms Foyer Space |
|---------------|---|--|--|---|--|---|---|--|--|--|--|---|---|
| 8:00 - 9:15 | S2.25 Effects of health behavior interventions among people with cancer - development, adherence, early results, and future design considerations for remote and supervised randomized controlled trials | S2.26 Towards better identification and understanding of determinants of Physical Activity Behaviours across settings and ages | | S2.28 International applications of the Youth Activity Profile (YAP) tool to enhance the assessment and promotion of physical activity in youth | S2.29 It just takes a spark to light a fire: Building capacity and understanding of child physical activity in low- and middle-income countries through Global Matrix initiative | S2.30 Culturally Relevant Citizen Science for Enhancing Community Wellbeing and Built Environment Advocacy | S2.31 Approaches to supporting Indigenous families with nutrition and movement behaviour in first 2000 days of life | S2.32 Empowering mental health providers to promote physical activity in practice: Innovative training approaches in real-world settings | S2.33 Are Screens Enhancing or Hindering Positive Movement and Nutrition Behaviours in Early Childcare Environments? | S2.34 Operationalizing and applying multilevel dissemination strategies to increase reach and adoption over time | S2.35 Advancing Multidisciplinary and Cross-Border Collaboration in Obesity Prevention in Europe: Insights from the OBEClust Network and Three of its Projects (OBCT, Better4U, HealthyW8) | S2.36 International efforts to improve dietary quality by reducing ultra-processed food intake: policies, challenges, and tradeoffs | DS.2.05: Hands-on Participatory Data-Analysis Workshop with Photovoice – Insights from Eat Like a Pro -LIFTS project |
| 9:30 - 10:30 | Keynote #3: Exploring wellbeing for Indigenous Māori youth: Toward culturally responsive and respectful interventions. | | | | | | | | | | | | |
| 10:30 - 11:30 | Coffee Break- Poster Session | | | | | | | | | | | | |
| 11:30 - 12:45 | | O.2.12: Enhancing School Environments: Policies, Practices, and Innovations | O.2.13: Behavioral Patterns and Health Outcomes: Insights from Physical Activity and Eating Behaviors | O.2.14: Balancing Acts: Screen Time, Physical Activity, and Cognitive Growth in the Digital Age | O.2.15: Technology and Tools for Tracking and Understanding Health Behaviors | O.2.16: From Adolescence to Adulthood: Studies on Lifestyle Behaviors and Mental Health Outcomes | O.2.17: Indigenous research | O.2.18: Ageing and Health (Metabolic, Cardiovascular) | O.2.19: Early Childhood Health: Nutrition, Activity, and Sleep | O.2.20 : Implementation and Scalability | O.2.21: Advancing Health Equity Through Food Assistance, Incentives, and Access | O.2.22: Food Policy, Health, and Equity: Global Perspectives on Nutrition, Pricing, and Inclusion | DS.2.06: Reaching a common understanding and definition of Food Literacy |
| 12:45 - 13:30 | Lunch Break- Posters, Exhibits and ISBNPA Marketplace | | | | | | | | | | | | |
| 13:30 - 15:15 | | O.2.23: The Power of Labels: Evaluating Nutrition Warnings, Claims, and Consumer Behavior | O.2.24: Family-Based Strategies to Improve Child Health | O.2.25: Nurturing Healthy Beginnings: Nutrition and Activity in Childhood | O.2.26: Security and Socio-economic inequalities | O.2.27: Participatory research and cancer | O.2.28: Emerging Insights in Young Adult Health and Well-being | O.2.29: Ageing, Physical Activity and Function | O.2.30: Shaping the Early Years in Childcare Settings | O.2.31: Digital Interventions and Strategies for Improving Health | O.2.32: Feeding Minds: Exploring the Impact of Food Availability, Marketing, and Industry Strategies | O.2.33: School-Based Interventions for Nutrition and Physical Activity | DS.2.07: Building healthy communities within a high-risk high income and low-to-middle income nation: The SCORE! Youth-Sustainability Healthy Active Living (SCORE! YOUTH SHAL) Collaborative Data Review & Co-Designing Next Steps |
| 15:15 - 16:30 | S2.37 Medically Tailored Meals: Exploring Food Provider and Hospital Partnerships as a Novel Approach to Supporting Behavioral Nutrition for Cancer Patients | S2.38 International Perspectives on Policy, Systems, and Environmental Approaches to Address Food Insecurity among Higher Education Students | S2.39 Bidirectional implementation lessons between the science and practice of physical activity and healthy eating interventions delivered in home settings | S2.40 Food security in pregnancy and early life | S2.41 Righting Recruitment: Opportunities and Approaches to Create more Representative Research | S2.42 Global perspectives on Healthy Food Incentive Program designs, implementation, outcomes, scalability and sustainability | S2.43 Translational Issues with the Adoption and Utilization of the Family Nutrition and Physical Activity (FNPA) Tool for Child Obesity Prevention | S2.44 Developing guidelines, practice environments and measures for function-focused physical activity interventions in hospitalised older adults. | | S2.46 Tailoring the fit: A co-designed community, evidence-based lifestyle program for polycystic ovary syndrome | S2.47 Closing Gaps in Food Marketing Regulations: Evidence for the Inclusion and Effective Monitoring of Brand Advertising and Digital Marketing | S2.48 Increasing health equity through promoting healthy diets and physical activity | |
| 19:00 - 21:00 | MAURI ORA – GALA DINNER | | | | | | | | | | | | |

PROGRAM AT A GLANCE

Saturday, June 14, 2025

| | KTK Theatre | Hunua #1 Level 1 | Hunua #2 Level 1 | Hunua #3 Level 1 | Waitakere #1 Level 3 | Waitakere #2 Level 3 | Waitakere #3 Level 3 | Limelight #1 Level 3 | Limelight #2 Level 3 | Waihorotiu #1 Level 4 | Herald Theatre | Balcony Foyer | Hunua Rooms Foyer Space |
|---------------|---|---|--|---|--|--|---|--|--|---|---|---------------|---|
| 8:30 - 9:45 | S3.49 Innovations in Compositional Analysis: Unpacking Time-Use Behaviours for Health and Wellbeing | S3.50 Marketing and Labeling of Foods for Infants and Young Children: Examining the State of Play, Misleading Claims, Parental Perceptions, and Policy Interventions | S3.51 Menu labeling interventions to promote health and sustainability in restaurants | S3.52 Messiness of Family Mealtimes – exploring measurement, messaging and experiences of family meals | S3.53 Stigma and Food Insecurity | S3.54 Engaging end-users and stakeholders in supporting physical activity and sleep behaviour change – sharing approaches to making user engagement more inclusive. | S3.55 The Next Step: Disseminating School-Based Health-Promoting Interventions to a Wider Population. | S3.56 Pringles Versus Peaches: Should Public Policy Prioritize Promoting Whole Foods or Eliminating Ultra- Processed Foods? | S3.57 Plant-Based Diets for Early Childhood Education settings: Nutritional and Environmental Triumph or Gamble? | S3.58 The best of both worlds: applying systems science and implementation science to enhance public health nutrition interventions | DS.3.09: Fishbowl conversation: Payment models of school-provided meal programs | | DS.3.10: Understanding the Past, Transforming the Future: A Path to Indigenous Equity |
| 10:00 - 11:15 | | H. Policies and environments SO.3.12: Interventions and Environments for Public Health | B. Motivation and behavior change SO.3.13 : Health and Behavioral Interventions: Innovative Approaches to Promoting Healthy Lifestyles | G. Children and families SO.3.14: Physical activity, exercise, and health behaviours in school-aged youth | I. Socio-economic inequalities SO.3.15: Socio- economic inequalities | J. Young Adults SO.3.16: Youth physical activity and nutrition: outcomes and interventions | G. Children and families SO.3.17: Health interventions and strategies to improve child health behaviors and outcomes | H. Policies and environments SO.3.18 : Innovative Tools and Global Trends in Policy and Environment | F. Early care and education SO.3.19: Innovations and Insights in Early Childhood and Youth | E. Implementation and scalability SO.3.20: Implementation and Scalability | | | |
| 11:15 - 11:30 | Coffee Break | | | | | | | | | | | | |
| 11:30 - 12:30 | Keynote #4: Active Research vs. Inactive Population: Why Physical Activity Research Needs Rebranding in a Complex World | | | | | | | | | | | | |
| 12:30 - 13:15 | What's next @ ISBNPA | | | | | | | | | | | | |