



Late Breaking Abstract Submission Guidelines December 13, 2024, February 21, 2025

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We invite innovative research submissions in the fields of behavioral nutrition, physical activity, sedentary behavior, and sleep. Please ensure that each submitted proposal falls under one of ISBNPA's Special Interest Groups (SIGs). For your convenience, a brief description of each ISBNPA SIG is provided at the end of these guidelines to help you select the appropriate category for your abstract (you are asked to indicate a primary and a secondary SIG).

To give as many attendees as possible the chance to present their work at the conference, the number of submissions per presenting author is limited to two submissions in total:

- maximum 1 regular abstract and 1 abstract as part of a symposium (not including role as discussant and/or chair) OR
- maximum 2 regular or late-breaking abstracts

If you have any questions about the submission process or have problems entering your submission, please contact annualmeeting@isbnpa.org or program@isbnpa.org. For more information on the ISBNPA 2025, please visit the [website](#).

The call to submit is open from **December 13, 2024 to February 21, 2025.**

Note that the vast majority of the late-breaking abstracts will only be selected to present as POSTER.

Abstract Guidelines:

1. Complete the online form carefully. Please note that incorrectly completed forms will not be considered for review.
2. The word limit for the abstract, excluding title and author details, is **350 words**. Submissions should adhere to the **format** detailed below (including headings) as closely as possible.
3. Please designate the corresponding author(s) after entering each author's name (all authors can be designated as corresponding authors). In addition, please designate which author is presenting. **'Presenting' authors are those who will actually present at the conference and must attend the conference.** 'Corresponding' authors are those who will receive email notices about the submission. If only one of the co-authors is a 'corresponding' author, that author is

responsible for communicating abstract submission correspondence to the rest of the co-authors on the paper.

4. If there is an unexpected change in the presenter, please contact annualmeeting@isbnpa.org by **April 18, 2025**.

IMPORTANT: If the presenting author is not registered for the conference, and registration fee payment is not received by April 18 2025, the presenter will be automatically removed from the program with no further notice.

5. Before submitting, you will be given the opportunity to review all of the information you have provided.
6. You will be notified by email upon receipt of your abstract. Decisions regarding abstract acceptance will be sent to you by March 14, 2025, after the completion of the review process. No information regarding acceptance will be available before that date.
7. Once submitted, your abstract will be assigned a unique **tracking number**. Please include this number in any correspondence with ISBNPA regarding your submission.

Any requests to **withdraw a submission** must be made in writing and no later than **April 19, 2025** to annualmeeting@isbnpa.org.

Abstract:

The following information should be included in the content of the abstract.

Purpose: State the primary purpose of the study, including the main research questions or hypotheses being addressed, emphasizing what is innovative about this research.

Methods: Quantitative studies should include design, participants, measures and analyses. Qualitative studies should include a reference to the approach being adopted (e.g. discourse analysis, grounded theory) and describe the method of data generation, (e.g. interviews, transcripts of conversations, written accounts). Reviews should include details of the procedures adopted (e.g. literature search, inclusion/exclusion criteria and methods of analysis), please be aware that we prioritize meta-analyses over systematic and umbrella reviews. All studies should include details of measures and analyses used.

Results/findings: Quantitative studies should include a summary of the results, which should contain numerical data. Qualitative studies should include an indication of the main results of the analysis (e.g. examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings if possible, rather than suggesting that 'results will be discussed'. In case results are not ready by the submission date, we expect clear details on the analysis plan and the innovation/originality of the study in the method section.

Conclusions: Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity knowledge, methods or practice. Significance to the field.

Please note: There is a 350-word limit for each individual abstract.

The abstract review committee will review abstracts according to the following criteria:

- Innovation/originality and/or Importance for the field
- Quality of design (including both study and intervention design)
- Quality of measures
- Quality of analyses (or analysis plan, where relevant)

Thank you for your participation in ISBNPA 2025!