



SYMPOSIA SUBMISSION GUIDELINES

Omaha, USA
Submission from
September 22 to November 17

Meg Bruening and Scott Duncan | Chairs of the Scientific Program Committee

We welcome novel research in behavioral nutrition and/or physical activity and/or sedentary behavior, as well as sleep. See the end of these guidelines for a list of research topics that ISBNPA addresses.

To give as many attendees as possible the chance to present their work at the conference, the number of submissions per presenting author is limited to two submissions in total (symposium or online presentations):

- maximum 1 regular abstract and 1 abstract as part of a symposium (not including role as discussant and/or chair) OR
- maximum 2 regular abstracts

If you have any questions about the submission process or have problems entering your submission, please contact program@isbnpa.org or annualmeeting@isbnpa.org. For more information on the ISBNPA 2024, please visit the [website](#).

The call to submit is open from **September 22, 2023 to November 17, 2023**.

Symposia are an important part of the ISBNPA program and it is our goal to ensure a wide variety of topics concerning *nutrition, physical activity, sedentary behavior, and sleep* during these sessions. The annual ISBNPA meeting also highly values the interaction between attendants. In all symposia, we invite people to interact and discuss the presented ideas and findings. To further increase the interaction, we also welcome “debate symposia”!

ISBNPA is an international society. Symposia submissions should be in accordance with this fact. Therefore, the participants in the **symposia should be at least from two different countries. One exception is that if the symposia are from the United States, it should be from at least two different states**. For example, a symposium could consist of 3 presenters from one country and a Discussant from a different country.

There are 2 symposia formats to choose from:

1. Regular symposia

A regular symposium provides an opportunity for focused presentation of a particular topic. The symposium should consist of three oral presentations on a related theme.

A Chair usually introduces briefly the general topic of the presentations to avoid all presentations starting with the same general introduction. In this way, all presenters can have a shorter and more focused introduction on the aims of their presentation. **Results from each of the abstracts should be available at the time of the symposium submission.**

After the presentations, a Discussant provides a brief overview of the main issues, and facilitates a general discussion of the topic by the audience and presenters, they may enhance the symposium by introducing evidence that is consistent or inconsistent with the speakers' findings (just like a typical research paper). There should be at least 15 minutes for a general discussion between presenters and attendants moderated by the discussant.

Time available for each symposium is 75 minutes.

The Chair needs to submit the symposium by completing the online form in the submission site. We invite you to submit proposals for symposia addressing themes within the broad area of behavioral nutrition and physical activity.

2. Debate symposia

In this format, we invite participants to share findings or ideas that are controversial. A Chair submits the symposium topic by completing the online form on the submission site. The Chair will moderate the debate. The symposium will start with a 20-minute presentation by 2 speakers (Speaker 1: 'In favor' presentation for 10 minutes; Speaker 2: 'Opposing' presentation for 10 minutes), followed by a 40-minute discussion moderated by the Chair. Some examples of possible debate topics are listed below:

- A fat tax is the solution to conquering the obesity epidemic
- We should focus on youth and not older adults
- Behavioral theories are redundant
- Efficacy or effectiveness: implementation of evidence into practice

Other ideas or original topics are also welcome!

For both types of symposia:

You are invited to submit one of these symposia by November 17, 2023 through the submission site. _

Abstract forms for the symposium as a whole (limit of 400 words), and each individual presentation (limit of 350 words) within the symposium should be completed online through the ISBNPA website. Submissions should adhere to the formats as closely as possible. Complete the online forms carefully. The Chair can submit abstracts of individual presentations or can invite presenters to submit their own abstract. Please note that incorrectly completed forms will not be considered for review. If there are any questions about the symposia abstract process, please contact program@isbnpa.org or annualmeeting@isbnpa.org.

The Scientific Program Committee will review symposia proposals according to the following criteria:

- Innovation/ originality of topic to behavioral nutrition and/or physical activity and/or sedentary behavior and/or sleep
- Relevance of topic to behavioral nutrition and/or physical activity and/or sedentary behavior and/or sleep
- Importance of topic to behavioral nutrition and/or physical activity and/or sedentary behavior and/or sleep research/practice/policy
- Connection of each symposia paper to the overall symposia theme
- Fit of symposia with other symposia proposals (i.e., to avoid duplication)
- Incorporate an international perspective

Decisions regarding symposia acceptance for the ISBNPA 2024 meeting will be made by December 9, 2023.

The symposia are considered first in the construction of the meeting program, followed by the open communications/free papers submission. **Abstracts rejected for symposia presentations will be automatically submitted for open communications/free papers, unless otherwise requested.**

Please note that all symposia participants are required, as are all conference attendees, to pay their own ISBNPA conference registration fees, and travel expenses. ISBNPA will not waive any membership or registration fees for symposia presenters.

Format for the GENERAL symposium proposal

Abstract format for the symposium abstract

(400 words limit excluding title and author details; Submit by NOVEMBER, , 2023):

- Purpose:** A statement of the purpose to be addressed, emphasizing what is innovative about this session
- Rationale:** A rationale for addressing this issue
- Objectives:** Up to four aims, summarizing what you expect the session to achieve
- Summary:** Outline of the session as a whole and outline and integration of the individual contributions
- Format:** List of presenters or activities that will be undertaken during the session. There should be at least 15 minutes for a general discussion between presenters and delegates moderated by the discussant

For each presenter an individual abstract should be submitted by the chairperson or the presenters using the format outlined below.

Abstract format for each individual symposium presentation

(350 word limit excluding title and author details; Submit by NOVEMBER, 17, 2023)

- Purpose:** State the primary purpose of the study, including the main research questions or hypotheses being addressed, emphasizing what is innovative about this research.
- Methods:** Quantitative studies should include design, participants, measures and analyses. Qualitative studies should include a reference to the approach being adopted (e.g. discourse analysis, grounded theory) and describe the method of data generation, (e.g. interviews, transcripts of conversations, written accounts). Reviews should include details of the procedures adopted (e.g. literature search, inclusion/exclusion criteria and methods of analysis).
- Results:** Quantitative studies should include a summary of the results, which can contain numerical data, qualitative studies should include an indication of the main results of the analysis (e.g. examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings, rather than suggesting that 'results will be discussed'.
- Conclusions:** Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity knowledge, methods or practice.

Please complete only one online form per symposium. As Chair make sure you have the following information ready before starting the online submission (or ask the authors of the different papers to be presented in the symposium to submit their abstracts after you have submitted the symposium abstract):

- Symposium title and abstract
- Title and abstract for each individual presentation
- Presentation order
- Contact details of each presenter (and discussant, if applicable) and of all authors of each individual presentation:
 - Last Name, First Name, MI
 - Institution
 - City, Country
 - E-mail Address
 - Any funding for each co-author

All correspondence about the symposium will be addressed to the symposium chairperson.

Format for the DEBATE symposium proposal

Abstract format for the symposium abstract

(400 words limit excluding title and author details; Submit by **NOVEMBER, 17, 2023**)

- Purpose:** A statement of the purpose of the debate, emphasizing what is innovative about the debate topic
- Rationale:** A rationale for addressing this issue at this conference and why this is a debatable topic
- Objectives:** Up to four aims, summarizing what you expect the debate to achieve

For each presenter ('in favor' and 'opposing') an individual abstract should be submitted by the Chair using the format outlined below.

Abstract format for each individual symposium presentation

(350 word limit excluding title and authors details; Submit by **NOVEMBER, 17, 2023**):

- Purpose:** State the primary purpose of this presentation.
- Methods:** Include details of the procedures adopted (e.g. literature search, original research).
- Results:** Include a summary of the main findings/ideas that will be discussed in the presentation.
- Conclusions:** Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity knowledge, methods or practice.

Please complete only one online form per symposium. As Chair make sure you have the following information ready before starting the online submission or ask the authors of the different papers to be presented in the symposium to submit their abstracts after you have submitted the symposium abstract:

- Symposium title and abstract
- Title and abstract for each individual presentation
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- Contact details of each presenter (and discussant, if applicable) and of all authors of each individual presentation:
 - Last Name, First Name, MI
 - Institution
 - City, Country
 - E-mail Address
 - Any funding for each co-author

All correspondence about this symposium will be addressed to the symposium Chair.

List of Special Interest Groups.

The symposia will be organized in the scientific program according to these topics.

- A. Ageing (SIG)
- B. Motivation and behavior change (SIG)
- C. Cancer prevention and management (SIG)
- D. E- & mHealth (SIG)
- E. Implementation and scalability (SIG)
- F. Early care and education (SIG)
- G. Children and families (SIG)
- H. Policies and environments (SIG)
- I. Socio-economic inequalities (SIG)
- J. Young adults (SIG)
- K. Participatory Research in Health Promotion (SIG)
- L. Indigenous Research (new SIG)
- M. Other topics