



PLEASE SUBMIT YOUR SYMPOSIA FOR
THE ISBNPA 2020 MEETING
AUCKLAND
(from September 2 to October 18)

We welcome novel research in behavioral nutrition and/or physical activity and/or sedentary behavior as well as sleep. Below you can find an overview of the research tracks that will be used to structure the program of next year's ISBNPA annual meeting. These tracks are based on ISBNPA's Special Interest Groups (SIGs).

A. Ageing (SIG)

Ageing-related research on nutrition, physical activity, sedentary behavior and sleep. The topics can include ageing across the lifespan and are not limited to projects specific to older adults.

B. Motivation and behavior change (SIG)

Motivational dynamics (SDT, motivational interviewing...) and other theoretical approaches (including a focus on personal and environmental determinants) in relation to behavioral change with a focus on nutrition, physical activity, sedentary behaviors and sleep.

C. Cancer prevention and management (SIG)

Lifestyle interventions and behavior change across the cancer prevention and control continuum incorporating primary prevention, screening and early detection, and lifestyle interventions for cancer patients and survivors.

D. e- & mHealth (SIG)

e- & mHealth-related research on nutrition, physical activity, sedentary behaviors and sleep. e- & mHealth are defined as the use of electronic & mobile technologies (e.g. the Internet, mobile devices and apps) to expand, assist or enhance health and health care delivery.

E. Implementation and scalability (SIG)

Research on the implementation and scale up of nutrition, physical activity sedentary behavior and sleep programs and policies into practice.

F. Early care and education (SIG)

Nutrition, physical activity, sedentary behaviors and sleep during the early childhood period with a focus on children's engagement in out of home childcare whether infant care, nursery school, preschool, kindergarten, child care centers, family homes, and other relevant organizational settings.

G. Children and families (SIG)

Research on obesity, nutrition, physical activity, sedentary behaviors and sleep in children and parents. The main objective is to advance understanding of the complex associations of these behaviors with health outcomes and their biological, environmental, psychological and social determinants.

H. Policies and environments (SIG)

Policy and environment research to improve nutrition, physical activity, sedentary behaviors and sleep, including measurement, monitoring, evaluation, stimulation of action and advocacy efforts, definition, dissemination and translation of current and future research in this area.

I. Socio-economic inequalities (SIG)

Research on socioeconomic inequalities in nutrition, physical activity, sedentary behaviors and sleep.

J. Assessment and Methodologies in Behavioral Nutrition and Physical Activity

Research on intervention development and evaluation frameworks, research methods and measurement innovations, and statistical innovations (e.g. EMA, MLM)

K. Disease prevention and management

Research on chronic diseases (e.g. obesity, cardiovascular diseases, diabetes), well-being, quality of life, mental health and eating disorders.

L. Other

Other topics such as research translation, special populations (e.g. migrants, refugees), pregnancy and early motherhood, developmental origins of health and disease, and health professionals' training, ethical issues, education (e.g. physical education).

Symposia are an important part of the ISBNPA program, and it is our goal to ensure a wide variety of topics concerning *nutrition, physical activity, sedentary behavior and sleep* during these sessions. The annual ISBNPA meeting also highly values the interaction between attendants. In all symposia, we invite people to interact and discuss the presented ideas and findings. In order to further increase the interaction, we also welcome "debate symposia"!

ISBNPA is an international society. Symposia submissions should be in accordance with this fact. Therefore, the participants in the symposia should be at least from two different countries. For example, a symposia could consist of 3 presenters from one country and a Discussant from a different country.

There are 2 symposia formats to choose from:

1. Debate symposia

In this format, we invite participants to share findings or ideas that are controversial. A Chair submits the symposia topic by completing the online form on the submission site. The Chair will moderate the debate. The symposia will start with a 20-minute presentation by 2 speakers (Speaker 1: 'In favor' presentation for 10 minutes; Speaker 2: 'Opposing' presentation for 10 minutes), followed by a 40-minute discussion moderated by the Chair. Some examples of possible debate topics are listed below:

- A fat tax is the solution to conquering the obesity epidemic
- We should focus on youth and not older adults
- Behavioral theories are redundant
- Efficacy or effectiveness: implementation of evidence into practice

Other ideas or original topics are also welcome!

2. Regular symposia

A regular symposia provides an opportunity for focused presentation of a particular topic. The symposia should consist of three oral presentations on a related theme.

A Chair usually introduces briefly the general topic of the presentations to avoid all presentations starting with the same general introduction. In this way, all presenters can have a shorter and more focused introduction on the aims of their presentation.

After the presentations, a Discussant provides a brief overview of the main issues, and facilitates a general discussion of the topic by the audience and presenters, they may enhance the symposia by introducing evidence that is consistent or inconsistent with the speakers' findings (just like a typical research paper). There should be at least 15 minutes for a general discussion between presenters and attendants moderated by the discussant.

Time available for each symposia is 75 minutes.

The Chair needs to submit the symposia by completing the online form in the submission site.

For both types of symposia:

You are invited to submit one of these symposia by Saturday October 18, 2019 through the submission site.

<https://venuewest.eventsair.com/VWAbstracts/isbnpa-2020-symposia/symposia-submission>

Abstract forms for the symposia as a whole (limit of 400 words), and each individual presentation (limit of 350 words) within the symposia should be completed online through the ISBNPA website. Submissions should adhere to the formats as closely as possible. Complete the online forms carefully. The Chair can submit abstracts of individual presentations or can invite presenters to submit their own abstract. Please note that incorrectly completed forms will not be considered for review. If there are any questions about the symposia abstract process, please contact annualmeeting@isbnpa.org or executivedirector@isbnpa.org.

The Organizing Committee will review symposia proposals according to the following criteria:

- Relevance of topic to behavioral nutrition and/or physical activity and/or sedentary behavior and/or sleep
- Importance of topic to behavioral nutrition and/or physical activity and/or sedentary behavior and/or sleep research/practice/policy
- International participation (mix of speakers from different countries)
- Connection of each symposia paper to the overall symposia theme
- Fit of symposia with other symposia proposals (i.e., to avoid duplication)

Decisions regarding symposia acceptance for the ISBNPA 2020 meeting will be made by November 15, 2019.

The symposia are considered first in the construction of the meeting program, followed by the open communications/free papers submission. **The general submission deadline of regular abstracts for the open communications/free papers will be December 6, 2019, with the late-breaking submission deadline being February 29, 2020. Abstracts that are not selected for symposia presentations will be automatically submitted for open communications/free papers, unless otherwise requested.**

Please note that all symposia participants are required, as are all conference attendees, to pay their own ISBNPA conference registration fees, and travel expenses. ISBNPA will not waive any membership or registration fees for symposia presenters.

Format for the DEBATE symposia proposal

Abstract format for the symposia abstract

(400 words limit excluding title and author details; Submit by OCTOBER 18, 2019)

- Purpose:** A statement of the purpose of the debate, emphasizing what is innovative about the debate topic
- Rationale:** A rationale for addressing this issue at this conference and why this is a debatable topic
- Objectives:** Up to four aims, summarizing what you expect the debate to achieve

For each presenter ('in favor' and 'opposing') an individual abstract should be submitted by the Chair using the format outlined below.

Abstract format for each individual symposia presentation

(350 word limit excluding title and authors details; Submit by OCTOBER 18, 2019):

- Purpose:** State the primary purpose of this presentation.
- Methods:** Include details of the procedures adopted (e.g. literature search, original research).
- Results:** Include a summary of the main findings/ideas that will be discussed in the presentation.
- Conclusions:** Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity and/or sedentary behavior and/or sleep knowledge, methods or practice.

Please complete [an online form](#) to submit a symposia. As Chair make sure you have the following information ready before starting the online submission:

- Symposia title and abstract
- Title and abstract for each individual presentation
- Presentation order
- Contact details of each presenter (and discussant, if applicable) and of all authors of each individual presentation:
 - Last Name, First Name, MI
 - Institution
 - City, Country
 - E-mail Address
 - Any funding for each co-author

All correspondence about the symposia will be addressed to the symposia Chair.

Format for the GENERAL symposia proposal

Abstract format for the symposia abstract

(400 words limit excluding title and author details; Submit by OCTOBER 18, 2019):

- Purpose:** A statement of the purpose to be addressed, emphasizing what is innovative about this session
- Rationale:** A rationale for addressing this issue
- Objectives:** Up to four aims, summarizing what you expect the session to achieve
- Summary:** Outline of the session as a whole and outline and integration of the individual contributions
- Format:** List of presenters or activities that will be undertaken during the session. There should be at least 15 minutes for a general discussion between presenters and delegates moderated by the discussant

For each presenter an individual abstract should be submitted by the chairperson or the presenters using the format outlined below.

Abstract format for each individual symposia presentation

(350 word limit excluding title and author details; Submit by OCTOBER 18, 2019)

- Purpose:** State the primary purpose of the study, including the main research questions or hypotheses being addressed, emphasizing what is innovative about this research.
- Methods:** Quantitative studies should include design, participants, measures and analyses. Qualitative studies should include a reference to the approach being adopted (e.g. discourse analysis, grounded theory) and describe the method of data generation, (e.g. interviews, transcripts of conversations, written accounts). Reviews should include details of the procedures adopted (e.g. literature search, inclusion/exclusion criteria and methods of analysis).
- Results:** Quantitative studies should include a summary of the results, which can contain numerical data, qualitative studies should include an indication of the main results of the analysis (e.g. examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings, rather than suggesting that 'results will be discussed'.
- Conclusions:** Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity and/or sedentary behavior and/or sleep knowledge, methods or practice.

Please complete [an online form](#) to submit a symposia. As Chair make sure you have the following information ready before starting the online submission

- Symposia title and abstract
- Title and abstract for each individual presentation
- Presentation order
- Contact details of each presenter (and discussant, if applicable) and of all authors of each individual presentation:
 - Last Name, First Name, MI
 - Institution
 - City, Country
 - E-mail Address
 - Any funding for each co-author

All correspondence about the symposia will be addressed to the symposia chairperson.

OVERVIEW OF THE SUBMISSION PROCESS

Step 1: Symposia Chair submits symposia abstract (maximum two symposia per Chair)

Step 2: Abstract presenter chooses the relevant symposia and submits their abstract.